

# Queen Elizabeth High School



Our ref: SD/ZM/VCL

13<sup>th</sup> March 2018

Ashfields, Bromyard, Herefordshire, HR7 4QS  
T:01885 482230 F:01885 485822 [www.qehs.co](http://www.qehs.co)  
E:[admin@queenelizabeth.hereford.sch.uk](mailto:admin@queenelizabeth.hereford.sch.uk)  
Headteacher: Martin Farmer BEd (Hons) NPQH

Dear Parent/Carer

## Re: Physical Education (PE) Expectations

In accordance with the National Curriculum, PE at Queen Elizabeth High School is designed to 'inspire all students to succeed and excel in competitive sport and other physically-demanding activities.' These opportunities develop student's teamwork, leadership and communication as well as 'build character and help to embed values such as fairness, respect,' the rule of law and tolerance of others.

The main aims of the curriculum are to 'develop students' competence to excel in a broad range of physical activities,' ensure students 'are physically active for sustained periods of time', provide students with the opportunities to 'engage in competitive sport and activities', and develop their knowledge of how to 'lead healthy, active lives.' As a small school we are privileged to be able to offer a very broad curriculum and are also fortunate to have strong links with a number of external coaches and clubs. Most recently we have received free coaching from British Cycling and Worcester Warriors RFC.

In order for students to participate in PE lessons safely and securely they are required to wear clothing that is suitable for the sports and activities that are included in our curriculum, as laid out in the PE policy and student planner. We have recently taken the decision to change PE kit suppliers to Macron Sportswear, offering parents/carers better value for money, and students with high quality performance sports kit. The new kit will be available from the 16<sup>th</sup> April exclusively online at: <http://www.macronstoregloucester.com/shop/club-shops/queen-elizabeth-high-school/>

As a result we have amended the PE policy and a copy is attached for your information. Please read this carefully to ensure your son/daughter complies with the policy at all times. The amended policy will take effect from Monday 30<sup>th</sup> April 2018. Despite the change of supplier all current QE PE kit will continue to be acceptable in lessons for the foreseeable future.

We look forward to your continued support in ensuring that we can be successful with our curriculum aims and ensure students attend lessons properly equipped. Should you have any questions regarding this letter please do not hesitate to contact us.

Yours faithfully

Mr D Racic

Head of Faculty Arts and Physical Education



## Physical Education Kit Policy (as at 30.4.18)

### Required Uniform for all students

- QE red PE top
- QE shorts for boys and QE skirt for girls
- QE navy blue socks
- Studded footwear
- Trainers
- Shin pads
- Mouthguard

### Optional extra uniform

- QE navy blue jogging bottoms
- QE red hooded jacket or QE red hooded sweatshirt
- Plain navy blue, black or red under layer items may be worn under the correct kit

Alternatively, plain navy shorts/tracksuit bottoms and a red top may be worn (no sports logos permitted)

### Health and safety requirements

- Long hair must be tied up
- All jewellery must be removed (if earrings cannot be removed they must be taped up)
- Student's nails should be cut short
- Fake nails are not allowed

It is the students' responsibility to bring hairbands and tape with them as part of their PE kit.

Any student with long or fake nails will be told to cut or file them to an acceptable length straight away.

### Non-compliance procedure

Should a student fail to bring their PE kit, or an item of their PE kit, they will be issued with a subject detention as follows: 1st offence = 10 minutes, 2nd offence = 20 minutes, 3rd offence = 1 hour after school and a phone call home, 4th offence = placed on subject report, 5th offence = meeting with Head of Faculty and parents.

### PE kit procedure

If a student is injured or unwell they must have a note in their planner from a parent/carer.

**They must still bring in their PE kit and get changed** (unless the injury prevents them from doing so i.e. a broken leg/arm etc). The reason for this is to ensure that students participate in other ways in the lessons, such as leaders, coaches and officials. Also many of our lessons take place outside and therefore students need to be properly dressed for the environment.

If a student has an ongoing injury then a note from a parent/carer is sufficient for a two week period. After this, a medical note will be needed as evidence of the injury. Notes must be dated and include a phone number to ensure we can follow it up.

If a student is injured/unwell and fails to abide by this procedure they will be treated as if they have forgotten their PE kit and still be issued with a subject detention.

All QE kit is available exclusively from the Macron Store, Gloucester. It must be ordered online at the following link: <http://www.macronstoregloucester.com/shop/club-shops/queen-elizabeth-high-school/>

The Bronze Package (plus studded footwear, trainers, shin pads and a mouthguard) is the minimum required uniform for all students. However it is the parent/carers responsibility to ensure that they will have sufficient and acceptable PE kit for all weather.